

# Windmill Hill School

## Personal Health and Social Education (PSHE) Policy



### ABOUT THIS DOCUMENT:

#### **Purpose**

Windmill Hill School takes its responsibility to provide relevant, effective and responsible Relationships and Sex Education (RSE) and Health education to all its students as part of the school's personal, social, health and economic education (PSHEE) curriculum very seriously.

Windmill Hill School wants parents and students to feel assured that sex education will be delivered at a level appropriate to both the age and development of students, and that it is safe to voice opinions and concerns relating to the sex education provision.

This policy has been developed by Windmill Hill School to ensure that it meets the needs of the school community. The policy is available on the School website and is reviewed and approved by the local governing body annually.

COMPILED BY  
Agreed by Governors

Kevin Latham April 2021

SIGNED:

DATE

Adopted:

Review date: April 2022

## Wellbeing in our Trust

We are all affected by poor physical and mental health at times during our lives and it is important the appropriate support is available in a timely manner. Health and wellbeing is everyone's responsibility and we encourage an open and honest culture whereby anyone can discuss any issues they may have. The Trustees of Creating Tomorrow take the health and wellbeing of all employees seriously and are committed to supporting our staff. The Trustees ensure that support for staff is available through:

- Effective line management
- Commitment to reducing workload
- Supportive and professional working environments
- Employee support programs
  - Health Assure (confidential counselling support available through Perkbox account).
  - The Teacher Support Line telephone number 08000 562561 or website [www.teachersupport.info](http://www.teachersupport.info)

### 1. Aims

The teaching of PSHE and RSE at Windmill Hill School is central to the development of all our students.

It enables the children to become healthy, independent and responsible members of our school community and the wider society leading to happy, successful adults.

The main aims of our curriculum are to enable the children:

- to stay as healthy as possible
- to learn to keep themselves and others safe, including recognising signs of bullying and knowing where to turn to for help
- to learn how to use the internet, including social media, safely and responsibly
- to develop effective, satisfying and safe relationships
- to learn to recognise similarities and differences between themselves and others and to respect these differences to be independent and responsible members of the school community
- to be positive and active members of a democratic society
- to develop self-confidence and self-esteem, and to make informed choices regarding personal and social issues
- to develop good relationships with other members of the school and wider community

### 2. Statutory requirements

PSHE at Windmill Hill School is a core subject as it underpins the development of responsible citizens, confident individuals and successful adults.

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

This policy also complies with the terms of our funding agreement.

### 3. Content and delivery

#### 3.1 What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

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Refer to our Relationships and Sex Education policy for details about what we teach, and how we decide on what to teach, in this subject. This can be found on our website ([www.windmillhillschool.org.uk](http://www.windmillhillschool.org.uk)) under the policies section.

### 3.2 How we teach it

PSHE is a core subject in our special schools, and as such is given prominence in the timetable curriculum through focus on outcomes for adulthood. Our schools use materials adapted from the PSHE Association to ensure that all areas, including Relationships and Sex Education are taught appropriately and coherently. We pledge to undertake a full consultation with parents in regard to the 'sex education' and the content delivered.

Windmill Hill School will support a diverse community, and it is vital that we are welcoming to everyone (irrespective of faith and beliefs) and therefore threaded throughout the curriculum, and in the way that we work, will be core values (please see the graphic above "How our curriculum can link to our School vision and Values"), which will be explicitly linked to our Relationship Policy (Behaviour) and expectations for how everyone is to act. Through PSHE we will explicitly teach the values (Fundamental British Values) of:

- Respect - students to develop school expectations and review the school Relationship Policy
- Tolerance - Learning from religion is an important aspect of RE and clearly teaches tolerance. Working together in groups develops understanding of each other's strengths and weaknesses and how we can support
- Individual Liberty - developing responsibility for yourself, independence, and autonomy, develops a sense of worth and enables young people to take control of their own choices and so individual liberty
- Democracy - democracy comes from the power of a shared voice. Student voice will be vital in developing Windmill Hill School into the provision we want and so from the onset a school council will be introduced
- Rule of Law - Underpinning democracy, tolerance, liberty, and democracy is the understanding that 'we are all in it together'. Developing an understanding that rules are important to keep everyone safe and to give everyone a voice.

Our schools are pilots for Skills Builder (SEND) (as explained previously) and the 8 areas will be developed and built upon through an agreed whole school focus and delivered through PSHE activities:

- Listening
- Presenting
- Teamwork
- Staying Positive
- Aiming High

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- Creativity
- Problem Solving
- Leadership

PSHE will be delivered by the class teacher, and there will be at least 4 sessions per week. Progress will be recorded and reported as per our Assessment Recording and Reporting Policy (please see our website for the policy)

PSHE is a key area for schools to report to trustees and there are key performance indicators specifically identified in these areas.

### 4. Roles and responsibilities

#### 4.1 The governing board

The governing board will approve the PSHE policy, and hold the headteacher to account for its implementation.

#### 4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

#### 4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

#### 4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

## 5. Monitoring arrangements

The delivery of PSHE is monitored by Andrew Chapin (Deputy Headteacher) through:

- planning scrutiny,
- learning walks,
- 'deep dives' looking at sequences of learning
- Work / student evidence

This policy will be reviewed by the headteacher every 2 years.

At every review, the policy will be approved by the governing board.

## 6. Links with other policies

This policy links to the following policies and procedures:

Relationships and Sex Education Policy

Learning and Teaching Policy

SEND Policy

Assessment Recording and Reporting Policy